

宜春中学 2025 届高一年级第一次月考英语试卷

考试时间：120 分钟 考试分值：150 分
命题老师：钟凡 审题老师：黄玥

第一部分 听力（共两节，满分 30 分）

第一节 (共 5 小题；每小题 1.5 分，满分 7.5 分)

听下面 5 段对话。每段对话后有一个小题，从题中所给的 A、B、C 三个选项中选出最佳选项，并标在试卷的相应位置。听完每段对话后，你都有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

1. What does the man want to do tonight?
A. Watch a movie. B. Buy some fruit. C. Go for a walk.
2. How does Anna look?
A. Excited. B. Upset. C. Relaxed.
3. What does the man ask the woman to buy?
A. Apples and coffee. B. Milk and coffee. C. Milk and apples.
4. When will the man’s birthday party be held?
A. On Thursday. B. On Friday. C. On Saturday.
5. What will the man probably do next?
A. Pick up the guests. B. Do his homework. C. Clean the house.

第二节 (共 15 小题；每小题 1.5 分，满分 22.5 分)

听下面 5 段对话或独白。每段对话或独白后有几道小题，从每题所给的 A、B、C 三个选项中选出最佳选项。听每段对话或独白前，你将有 5 秒钟时间阅读每小题。听完后，每小题将给出 5 秒钟的作答时间。每段对话或独白你将听两遍。

听第 6 段材料，回答第 6 至 7 题。

6. When did the man probably get home last night?
A. At about 10:00 p.m. B. At about 10:10 p.m. C. At about 10:20 p.m.
7. What did the man do last night?
A. Saw a doctor. B. Drank with friends. C. Went to the cinema.

听第 7 段材料，回答第 8、9 题。

8. Where did the man learn the news?
A. From a website. B. From a newspaper. C. From a friend.
9. How does the woman feel after hearing the news?
A. Happy. B. Worried. C. Angry.

听第 8 段材料，回答第 10 至 12 题。

10. Why are there tears in the woman’s eyes?
A. Because she is crying.
B. Because she is moved to tears.
C. Because her eyes feel uncomfortable.
11. Who is Jenny most probably?
A. The woman’s daughter.
B. The man’s wife.
C. The man’s colleague.
12. What does Henry think of smoking?
A. Harmful. B. Cool. C. Costly.

听第 9 段材料，回答第 13 至 16 题。

13. Why won’t the woman go to Sydney?
A. Because she doesn’t feel like going there.
B. Because her parents disagree with her.
C. Because she already has other plans.
14. What is the advertisement mainly about?
A. Some evening classes.
B. Some online classes.
C. Some summer camps.
15. What is the woman interested in?
A. Dancing. B. Singing. C. Writing.
16. What class may the man take?
A. Painting. B. Writing. C. Acting.

听第 10 段材料，回答第 17 至 20 题。

17. What did the speaker’s parents advise him to do?
A. Go camping nearby. B. Stay at home. C. Take a raincoat.
18. How did the speaker get to the village five years ago?
A. By subway. B. By car. C. On foot.
19. What does the speaker want Polly to bring?
A. Food. B. Drinks. C. A tent.
20. How long will it take to get to the village by bus?
A. One hour. B. Four hours. C. Five hours.

第二部分 阅读理解(共两节，满分 50 分)

第一节 (共 15 小题；每小题 2.5 分，满分 37.5 分)

阅读下列短文，从每题所给的 A、B、C 和 D 四个选项中，选出最佳选项。

A

Where did you buy your last book? Chances are that you bought it online. But if you did, you missed the unusual experience of browsing in a real bookstore. These days bookstores offer lots of great books and plenty more.

Taipei’s Eslite Dunnan Bookstore

Time magazine once named Eslite Bookstore Dunnan in Taipei “Asia’s best bookstore”! One visit to the store tells you why. The store, spreading across five floors, offers a combination of restaurants, music and over 200,000 books. With its comfortable reading spots, visitors sometimes say it’s like a library. Others have called it the “7-eleven of bookstores” because it’s open 24 hours a day.

Saraiva Bookstore

Rio de Janeiro’s Saraiva Bookstore might be the world’s most colorful bookstore. The visible upper level is lined with books all ranged by their colors. This rainbow effect provides a colorful greeting for shoppers as they arrive. A rainbow path also leads young readers into the children’s section.

Libreria Acqua Alta

Venice, Italy, is a city surrounded by water. It seems only right then that one of its most interesting bookstores is Libreria Acqua Alta. Its books are displayed in all things related to water such as boats, bathtubs and more.

Bart’s Books

Many readers like to sit inside with a good book. But at Bart’s Books in California, guests can

enjoy a good book and some fresh air. Bart's Books is acknowledged to be the largest independently-owned outdoor bookstore in the US.

Whether you enjoy reading inside or outside, there's always an interesting bookstore to be discovered.

21. What do you know about Taipei's Eslite Dunnan Bookstore?

- A. It is a five-storeyed library with 200,000 books in it.
- B. People can visit this bookstore at any time of the day.
- C. People can read books, have meals and enjoy music outdoors.
- D. *Time magazine* thought it was the best bookstore in the world.

22. Which bookstore has the same feature as the city it lies in?

- A. Taipei's Eslite Dunnan Bookstore
- B. Saraiva Bookstore
- C. Libreria Acqua Alta
- D. Bart's books

23. What is the purpose of the last paragraph of the text?

- A. To introduce some interesting bookstores.
- B. To ask people read books inside or outside.
- C. To call on more creative bookstores to be opened.
- D. To encourage people to go to the real bookstore.

B

Proudly reading my words, I glanced around the room, only to find my classmates bearing big smiles on their faces and tears in their eyes. Confused, I glanced toward my stone-faced teacher. Having no choice, I slowly raised the report I had slaved over, hoping to hide myself. "What could be causing everyone to act this way?"

Quickly, I flashed back to the day Miss Lancelot gave me the task. This was the first real talk I received in my new school. It seemed simple: go on the Internet and find information about a man named George Washington. Since my idea of history came from an ancient teacher in my home country, I had never heard of that name before. As I searched the name of this fellow, it became evident that there were two people bearing the same name who looked completely different! One invented hundreds of uses for peanuts, while the other led some sort of army across America. I stared at the screen, wondering which one my teacher meant. I called my grandfather for a golden piece of advice: flip (掷) a coin. Heads—the commander, and tails—the peanuts guy. Ah! Tails, my report would be about the great man who invented peanut butter, George Washington Carver.

Weeks later, standing before this unfriendly mass, I was totally lost. Oh well, I lowered the paper and sat down at my desk, **burning** to find out what I had done wrong. As a classmate began his report, it all became clear, "My report is on George Washington, the man who started the American Revolution." The whole world became quiet! How could I know that she meant that George Washington?

Obviously, my grade was awful. Heartbroken but fearless, I decided to turn this around. I talked to Miss Lancelot, but she insisted: No re-dos; no new grade. I felt that the punishment was not justified, and I believed I deserved a second chance. Consequently, I threw myself heartily into my work for the rest of the school year. Ten months later, that chance unfolded as I found myself sitting in the headmaster's office with my grandfather, now having an entirely different conversation. I smiled and flashed back to the embarrassing moment at the beginning of the year as the headmaster informed me of my option to skip the sixth grade. Justice is sweet!

24. What did the author's classmates think about his report?

- A. Wonderful.
- B. Laughable
- C. Boring.
- D. Confusing.

25. Why was the author confused about the task?

- A. He was unfamiliar with American history.
- B. He followed the advice and flipped a coin.
- C. He forgot his teacher's instruction.
- D. He was new at the school.

26. The underlined word "burning" in Para. 3 probably means _____.

- A. annoyed
- B. ashamed
- C. ready
- D. eager

27. In the end, the author turned things around _____.

- A. by redoing his task
- B. through his own efforts
- C. with the help of his grandfather
- D. under the guidance of his headmaster

C

If you have a chance to go to Finland(芬兰), you will probably be surprised to find how "foolish" the Finnish people are.

Take the taxi drivers for example. Taxis in Finland are mostly high-class Benz with the money of two US dollars a kilometer. You can go anywhere in one, tell the driver to drop you at any place, say that you have some business to do, and then walk off without paying. The driver would not show the least sign of being nervous and worried.

The dining rooms in all big hotels not only serve their guests, but also serve outside diners. Hotel guests have their meals free, so they naturally go to the free dining rooms to have their meals. The most they would do to show their good faith is to wave their registration card to the waiter. With such a relaxing check, you can easily use any old registration card to take a couple of friends to get the meals free.

The Finnish workers are paid by the hour. They are very much on their own as soon as they have agreed with the boss on the pay. From then on, they just say how many hours they have worked and they will be paid accordingly.

With so much carelessness in everyday life, surely Finland must be a heaven to those who love to take "petty advantages"(小便宜). But the strange thing is, all the taxi passengers would always come back to pay their fare after they have done their business; not a single outsider has ever been found in the free hotel dining rooms. And workers always give an honest record of the exact hours they put in.

As you can see, living in such a society has turned everyone into a real "gentleman". In a society of such high moral(道德) practice, what need is there for people to be on guard against others?

28. We can learn from the second paragraph that _____ in Finland.

- A. all the taxis are very inexpensive and comfortable
- B. passengers only pay two US dollars for a taxi ride
- C. it's normal for passengers to pay for the drivers late
- D. taxi drivers don't know the ways in city very well

29. It can be inferred from the passage that _____ in Finland.

- A. hotel guests often get meals free with their friends outside
- B. the bosses pay the workers according to their performance
- C. people are usually not so smart or careful in daily life
- D. the workers are always honest with their working hours

30. From the passage, we can know that the “foolish” Finnish people are actually very _____.
A. honest B. gentle C. attractive D. intelligent
31. Which of the following best describes the author’s opinion?
A. You can’t judge a book by its cover.
B. Morality is the golden chain of society.
C. A friend in need is a friend indeed.
D. Where there is a will, there is a way.

D

It can be incredibly difficult to encourage ourselves to go for a run during winter, particularly when it’s wet and windy outside. But new research has found that even a super-quick run could have great benefits. In fact, it seems that just a 10-minute session will not only make us feel better, but could actually improve brain health, too. Now, we all know that exercise can improve mental health in many ways.

But when it comes to mental well-being, there’s been relatively little research done on the specific benefits of running, compared with other physical activities, such as cycling. So this was something put to the test during a recent study. Researchers from University of Tsukuba in Japan asked participants (参加者) to run on a treadmill (跑步机) for just 10 minutes. They then had to take a Stroop Color and Word Test which is used to measure reaction time in brain processing. Results showed there was a highest point in self-reported pleasure and an increase in degree of activity of the brain.

In other words, runners were found to have an increase in blood flow in the part of the brain that’s associated with dealing with functions and controlling mood (情绪). Researchers then compared these results to a similar study on cycling, which also showed improved cognition (认知), but no mood improvement. Therefore, it seems various types of exercise can make us feel differently.

The authors noted, “Given exercise is medicine, the effects of drugs differ depending on the type of drug, and different types of exercise such as running and cycling should be observed to have different effects on mental health and brain functions as well.”

So pushing ourselves to get outside for a run really will make us feel better, probably more than other fitness activities. And these findings show that we don’t necessarily need to do a lot of exercise to feel the benefit of it.

32. What did the new research find?
A. Running fast benefits all of us.
B. Running is the best exercise.
C. A short time run can be beneficial.
D. A healthy mind encourages us to run.
33. How did the researchers get the result?
A. By using different drugs on participants.
B. By interviewing some sportsmen.
C. By collecting information on the Internet.
D. By doing experiments and comparisons.
34. Which is related to our happiness?
A. Cycling. B. Medicine.
C. Blood flow. D. Colors.

35. What is the main idea of the text?
A. We should go for a run in winter.
B. Running really benefits us mentally.
C. We don’t need a lot of exercise.
D. Running on a treadmill is better than running outside.

第二节 (共 5 小题; 每小题 2.5 分, 满分 12.5 分)

根据短文内容, 从短文后的选项选出能填入空白处的最佳选项。选项中有两项为多余选项。

Exam Anxiety

Has this ever happened to you? You’ve been studying hard for your midterm, but when you walk into your exam, your mind goes blank, your heart races fast, you get sweaty palms and find it hard to breathe. ____36____

Everyone feels anxious during exams. Usually, it results from a fear of failure, lack of adequate preparation time and bad experiences taking tests in the past. This is normal and often helps you work harder, think faster and generally improve your performance. ____37____ You may also feel that other people are managing the exam better than you. This can cause you to feel that your mind has “gone blank” on information you know you have revised.

____38____ Some choose to ignore the problem, while others don’t review because they think they will do badly anyway and even miss exams due to the anxiety. It can also be really easy to think that if you don’t try and then you fail, you won’t feel as bad as if you fail after trying really hard.

So what can you do to fight against the negative mindset and stay calm before and during your test? ____39____ Yes, this seems obvious, but it’s worth repeating. If you feel confident that you’ve prepared thoroughly, you’ll feel more confident walking into the test. The second tip is simple: just start. The blank page can increase your anxiety. ____40____ You can always go back and change things later if needed, but a few quick answers can get the ball rolling. Besides, allocating (分配) your time is equally important. Look through the whole test before getting started. Mentally allocate how much time you’ll spend on each section. If there’s time to recheck, even better.

- A. The first thing you should do is to be prepared.
B. People often deal with exam stress in many unhelpful ways.
C. Therefore, people need some pressure to help deal with exams.
D. If these classic signs of exam anxiety sound familiar, you’re not alone!
E. Realizing time is almost up and that there’s still a lot of blank space will make you hopeless.
F. After getting the paper, dive right in by getting some questions done to build up your confidence.
G. However, if you are overly anxious about the result, you may be unable to focus on your work.

第三部分 语言运用 (共两节, 满分 30 分)

第一节 (共 15 小题; 每小题 1 分, 满分 15 分)

阅读下面短文, 从短文后各题所给的 A、B、C 和 D 四个选项中, 选出可以填入空白处的最佳选项。

Blankets can keep you warm on cold nights or clean and relatively ant-free on picnics, But Lucy Blaylock makes blankets for a different purpose: to 41 people going through difficult times. She wants her blankets to feel like a big, 42 hug.

Lucy learned to sew three years ago, when she was 8. After she 43 a blanket for a friend’s birthday, she started to think about other kids who might need a little 44 love. She didn’t know whether she was right so she shared her 45 on a social website for help. Surprisingly, she received 16 46 from children facing issues such as cancer, autism(自闭症) and the death of a grandmother.

“It makes me 47 when I think of the kids getting the package in the mail and 48 it,” said the 11-year-old, who just completed fifth grade in Gallatin, Tennessee. “I always hope they know someone 49 them.”

Since 2019, Lucy has 50 about 500 Lucy’s Love Blankets to kids living in 14 countries and nearly three-dozen states. She spends about two hours 51 her name inside a heart on the blankets—her logo, of sorts.

For kids who are interested in volunteering, she encourages them to go ahead without 52. “Don’t wait 53 you have everything figured out. Just do it, and keep going,” she said. “Even when you feel like it might not be making so big a 54, serving other people always matters. Even though you may 55 something hard and challenging at times, it is always the right thing to do.”

- | | | | |
|-------------------|---------------|----------------|----------------|
| 41. A. protect | B. save | C. comfort | D. prevent |
| 42. A. warm | B. clean | C. usual | D. wise |
| 43. A. bought | B. showed | C. made | D. got |
| 44. A. common | B. bearable | C. expensive | D. extra |
| 45. A. idea | B. excitement | C. work | D. success |
| 46. A. doubts | B. responses | C. issues | D. shares |
| 47. A. puzzled | B. excited | C. lucky | D. comfortable |
| 48. A. tearing | B. receiving | C. throwing | D. opening |
| 49. A. takes up | B. deals with | C. cares about | D. depends on |
| 50. A. paid | B. donated | C. passed | D. collected |
| 51. A. writing | B. sticking | C. sewing | D. figuring |
| 52. A. hesitation | B. patience | C. power | D. practice |
| 53. A. before | B. until | C. once | D. after |
| 54. A. light | B. hug | C. name | D. difference |
| 55. A. find out | B. take on | C. lead to | D. meet with |

第二节 (共 10 小题; 每小题 1.5 分, 满分 15 分)

阅读下面短文, 在空白处填入 1 个适当的单词或括号内单词的正确形式。

There was a time when “internet addict” 56 (use) to describe teenagers who spent hours 57 (play) online games or watching videos. However, 58 increasing popularity of smartphones is attracting even older people into the trap.

On social networking sites, many youngsters are complaining that their parents are addicted 59 short video clips on their smartphones. As one youngster put 60, many senior citizens are busy with smartphones “almost every minute they are awake”. A girl wrote that her mother was so busy with the smartphone 61 she spilled a glass of milk on opening the fridge but was unwilling 62 (clean) the mess.

To be fair, it is good that seniors like to learn new things out of 63 (curious) and adapt to new technology. After all, one needs to use smartphones to scan a code to make payments at supermarkets, or show the health code before going almost anywhere because of the COVID-19 pandemic. If elderly people are using smartphones 64 (convenient), it means the “digital gap” between people of different ages is narrowing. But if some people are overdoing it, it becomes a problem, which calls for 65 (effect) solutions of smartphone designers and enough care and attention of the whole society.

第四部分 写作 (共两节, 满分 40 分)

第一节 (满分 15 分)

假定你是李华, 你所在学校要举办英语戏剧节(The English Drama Festival)。你们想邀请外教 Peter 参加。请你写一封信给 Peter, 要点如下:

- 1.英语戏剧节的活动内容;
- 2.邀请 Peter 一起表演一个节目;
- 3.期望 Peter 对本次活动给出建议。

要求:

- 1.词数 80 左右;
- 2.可以适当增加细节, 以使行文连贯;
- 3.开头和结尾已给出, 不计入总词数。

Dear Peter,

Yours sincerely,
Li Hua

第二节 (满分 25 分)

阅读下面材料, 根据其内容和所给段落开头语续写两段, 使之构成一篇完整的短文。

One evening, a middle-aged lady was walking down the street when she noticed an old beggar sitting on the corner. The man was elderly, unshaven and ragged. As he sat there, pedestrians walked by him giving him dirty looks. They clearly wanted nothing to do with him because of who he was—a dirty, homeless man. But when she saw him, the woman was moved to sympathy.

It was very cold that day and the man had his torn coat—more like an old suit coat rather than a warm coat—wrapped around him. She stopped and looked down. “Sir?” she asked. “Are you all right?”

The man slowly looked up. This was a woman clearly accustomed to the finer things of life. Her coat was new. She looked like that she had never missed a meal in her life. His first thought was that she wanted to make fun of him, like so many others had done before. “Leave me alone,” he shouted.

To his amazement, the woman continued standing. She was smiling—her even white teeth displayed in extremely bright rows. “Are you hungry?” she asked.

“No,” he answered ironically(讽刺地). “I’ve just come from dining with the president Now, go away.”

The woman’s smile became even broader. Suddenly, the man felt a gentle hand under his arm. “What are you doing, lady?” the man asked angrily. “I said to leave me alone.”

Just then a policeman came up. Is there any problem, ma’am?” he asked.

“No problem here, Officer,” the woman answered. “I’m just trying to get this man to his feet. Will you help me?”

The officer scratched his head. “That’s old Jack. He’s been a fixture around here for a couple of years. What do you want with him?”

“See that cafeteria over there?” she asked. “I’m going to get him something to eat and get him out of the cold for a while.”

注意:

- 1.续写词数应为 120 左右。
- 2.请按照如下格式在相应位置作答。

Paragraph 1 :

“Are you crazy, lady?” the homeless man resisted. _____

Paragraph 2 :

She stared at him carefully. “Jack, do you remember me?” _____

宜春中学 2025 届高三第一次月考英语试卷

参考答案

听力答案

1-5 CBABC 6-10 BCBAC 11-15 BABAC 16-20 AABCA

阅读理解

21-23 BCD 24-27 BADB 28-31 CDAB 32-35 CDCB 36-40 DGBAF

完形填空

41-45 CACDA 46-50 BBDCB 51-55 CABDD

语法填空

56. was used 57. playing 58. the 59.to 60. it
61. that 62. to clean 63. curiosity 64. conveniently 65. effective

应用文写作范文

Dear Peter,

I am Li Hua, a student of yours. I am very glad to tell you that the English Drama Festival of our school is to be held next week. Knowing that you are interested in English drama, I am writing to invite you to participate.

A variety of activities will be included in the festival, such as singing, storytelling and short plays. You are expected to put on a performance with us. In my opinion, it will be a good combination of your culture and ours. Besides, since it is the first time that we have organized the English Drama Festival, we are at a loss about how to arrange it properly.

Your advice will be of great value to us. Please inform us of your arrival in advance so that early arrangements can be made.

Yours sincerely,
Li Hua

读后续写范文

“Are you crazy, lady?” the homeless man resisted. In spite of his rude manner, gazing at him with warm eyes, the lady added sincerely, “Sir, I just want to treat you to a dinner and get you warm.” Eagerly waiting for a yes, the lady reached her hand and helped him to his feet. Confused as Jack was, this time he accepted the lady’s invitation. The comfortable atmosphere in the cafeteria and steaming hot dishes softened Jack, his eyes full of gratitude. As the dinner was coming to an end, it seemed the lady desired to say something.

She stared at him carefully. “Jack, do you remember me?” A puzzled look spread over his face. “A few days ago, you saved a teenager girl who was crossing the street from a zooming truck. I am the girl’s mom. So frightened was I then that I forgot to say thank you to you. After inquiring my neighbors, I know you are the hero.” The lady said with tears misting her eyes. Jack smiled, “Being kind and offering help to people in need is what life has taught me. I am not a hero, but a man who wants to help.”

宜春中学 2025 届高三第一次月考英语试卷

参考答案

听力答案

1-5 CBABC 6-10 BCBAC 11-15 BABAC 16-20 AABCA

阅读理解

21-23 BCD 24-27 BADB 28-31 CDAB 32-35 CDCB 36-40 DGBAF

完形填空

41-45 CACDA 46-50 BBDCB 51-55 CABDD

语法填空

56. was used 57. playing 58. the 59.to 60. it
61. that 62. to clean 63. curiosity 64. conveniently 65. effective

应用文写作范文

Dear Peter,

I am Li Hua, a student of yours. I am very glad to tell you that the English Drama Festival of our school is to be held next week. Knowing that you are interested in English drama, I am writing to invite you to participate.

A variety of activities will be included in the festival, such as singing, storytelling and short plays. You are expected to put on a performance with us. In my opinion, it will be a good combination of your culture and ours. Besides, since it is the first time that we have organized the English Drama Festival, we are at a loss about how to arrange it properly.

Your advice will be of great value to us. Please inform us of your arrival in advance so that early arrangements can be made.

Yours sincerely,
Li Hua

读后续写范文

“Are you crazy, lady?” the homeless man resisted. In spite of his rude manner, gazing at him with warm eyes, the lady added sincerely, “Sir, I just want to treat you to a dinner and get you warm.” Eagerly waiting for a yes, the lady reached her hand and helped him to his feet. Confused as Jack was, this time he accepted the lady’s invitation. The comfortable atmosphere in the cafeteria and steaming hot dishes softened Jack, his eyes full of gratitude. As the dinner was coming to an end, it seemed the lady desired to say something.

She stared at him carefully. “Jack, do you remember me?” A puzzled look spread over his face. “A few days ago, you saved a teenager girl who was crossing the street from a zooming truck. I am the girl’s mom. So frightened was I then that I forgot to say thank you to you. After inquiring my neighbors, I know you are the hero.” The lady said with tears misting her eyes. Jack smiled, “Being kind and offering help to people in need is what life has taught me. I am not a hero, but a man who wants to help.”